

September 18th Regimen

- Ceased all antibiotics yesterday
- Spritzed 5 times with CDS (3000ppm) - 20ml / Litre bottle mix
- Consumed 4oz glass CDS hourly from 20ml (3000ppm) CDS / Liter bottle of filtered water.
- Hot shower, then immediate lukewarm bathtub soak covering legs completely with 90 mL of (3000ppm) CDS for 45 minutes.

Results as of September 19th - 6 AM



September 19th Regimen

- Spritzed 5 times with CDS (3000ppm) – 20ml / Litre bottle mix
- Consumed 4oz glass CDS hourly from 20ml (3000ppm) CDS / Liter bottle of filtered water.
- End of day Hot shower followed immediately by lukewarm bathtub soak covering legs completely with 90 mL of (3000ppm) CDS for 45 minutes.

Impressive Improvement! Swelling dramatically shrank. I will not be wrapping the area as this protocol is proving to be very effective. I am optimistic for the first time in weeks that the infection battle is being won.

One area oozing – Lower right corner of infected area. Sample taken for culture per your request. Will drop it off later today.

Results as of September 20th - 10 AM



September 20th Regimen

- Spritzed 5 times with CDS (3000ppm) – 20ml / Litre bottle mix
- Consumed 4oz glass CDS hourly from 20ml (3000ppm) CDS / Liter bottle of filtered water.
- End of day Hot shower followed immediately by lukewarm bathtub soak covering legs completely with 90 ml of (3000ppm) CDS for 45 minutes.

Impressive Improvement continues! Swelling still dramatically shrank. I am optimistic for the first time in weeks that the infection battle is being won.

One area heavily oozing most of the day. Much higher right after bathtub soak – Lower right corner of infected area.

Results as of September 21th - 1 PM



September 21th Regimen

- Spritzed 5 times with CDS (3000ppm) – 20ml / Litre bottle mix
- Consumed 4oz glass CDS hourly from 20ml (3000ppm) CDS / Liter bottle of filtered water.
- End of day Hot shower followed immediately by lukewarm bathtub soak covering legs completely with 90 ml of (3000ppm) CDS for 45 minutes.

Improvement continues. Swelling shrinking.

Results as of September 22th - 7:30 AM



September 22th Regimen

- Spritzed 5 times with CDS (3000ppm) – 20ml / Litre bottle mix
- Consumed 4oz glass CDS hourly from 20ml (3000ppm) CDS / Liter bottle of filtered water.
- End of day Hot shower followed immediately by lukewarm bathtub soak covering legs completely with 90 ml of (3000ppm) CDS for 45 minutes.

Improvement continues. Swelling shrinking.

2F Temp difference between the knee locations. Infected knee hotter.

Lab results Show Staph infection Negative, but still positive for *Pseudomonas aeruginosa*

Results as of September 23th - 7:30 AM



September 23th Regimen

- Spritzed 8 times with CDS (3000ppm) – 20ml / Litre bottle mix
- Consumed 4oz glass CDS hourly from 20ml (3000ppm) CDS / Liter bottle of filtered water.
- End of day Hot shower followed immediately by lukewarm bathtub soak covering legs completely with 90 ml of (3000ppm) CDS for 45 minutes.

Improvement continues. Swelling shrinking.

~2F Temp difference between the knee locations. Infected knee slightly warmer.

Infected Knee 91.5F

Normal Knee 89.7F

Results as of September 24th - 8:30 AM



September 24th Regimen

- Spritzed 8 times with CDS (3000ppm) – 20ml / Litre bottle mix
- Consumed 4oz glass CDS hourly from 20ml (3000ppm) CDS / Liter bottle of filtered water.
- End of day Hot shower followed immediately by lukewarm bathtub soak covering legs completely with **160 ml of (3000ppm) CDS for 35 minutes. (raised from 90ml)**

Big Improvement. Swelling shrinking.

~2F Temp difference between the knee locations. Infected knee slightly warmer.

Infected Knee 92.5F

Normal Knee 88.7F

Results as of September 25th - 9:30 AM



September 25th Regimen

- Spritzed 8 times with CDS (3000ppm) – 20ml / Litre bottle mix
- Consumed 4oz glass CDS hourly from 20ml (3000ppm) CDS / Liter bottle of filtered water.
- End of day Hot shower followed immediately by lukewarm bathtub soak covering legs completely with **160 ml of (3000ppm) CDS for 35 minutes. (raised from 90ml)**

Improvement Continues. Swelling shrinking. Itching over entire damaged / infected area now present!

Results as of September 26th - 9:30 AM



September 26th Regimen

- Spritzed 8 times with CDS (3000ppm) - 20ml / Litre bottle mix
- Consumed 4oz glass CDS hourly from 20ml (3000ppm) CDS / Liter bottle of filtered water.
- End of day Hot shower followed immediately by lukewarm bathtub soak covering legs completely with **160 ml of (3000ppm) CDS for 35 minutes. (raised from 90ml)**

Improvement Continues. Swelling shrinking. Itching Subsided.

Results as of September 27th - 8 AM

